

SAFE GLUTEN-FREE HALLOWEEN CANDY

There are already plenty of spooks and scares during the Halloween season. Gluten-filled candy shouldn't be one of them. Here's a list of safe gluten-free candy, so you can get back to being scared of ghouls and goblins instead!



Chocolates & Caramels

Hershey's Chocolate

Almond Joy (all except Almond Joy Pieces)

Heath Bars

Hershey's Hugs

Hershey's Kisses (only Milk Chocolate, Special Dark Mildly Sweet Chocolate, Pumpkin Spice, Carrot Cake, and Meltaway Milk Chocolate)

Hershey's Kisses Filled Chocolates (only Caramel, Cherry Cordial Crème, Vanilla Crème, and Dark Chocolate with Mint Truffle)

Hershey's Milk Chocolate Bar (only in the 1.55-ounce size)

Hershey's Milk Chocolate with Almonds Bar (only in the 1.45-ounce size)

Hershey's Nuggets (only Milk Chocolate, Milk Chocolate with Almonds, Special Dark Chocolate with Almonds, and Extra Creamy Milk Chocolate with Toffee and Almonds)

Milk Duds

Mounds

Payday

Reese's Fast Break

Reese's Nutrageous

Reese's Peanut Butter Cups (all except Unwrapped Minis and seasonal shaped items)

Reese's Pieces

(all except Reese's Pieces Eggs)

Rolo Caramels in Milk Chocolate (all except Minis)

Skor Toffee Bars

York Peppermint Pattie (all except York Pieces, York Minis, and York Shapes)

Just Born Confections

Goldenberg's Peanut Chews

Mars Chocolate

3 Musketeers Bar

Dove Chocolate (most varieties except Dark Chocolate Covered Fruit, Crisp, Truffles, Cookies & Crème, Milk Chocolate Cinnamon Graham, and Covered Whole Almonds; seasonal products may vary)

M&M's (all except M&M's Pretzel; some special flavors may have risk of cross contamination)

Milky Way (only Midnight, Simply Caramel, and French Vanilla – NOT Original)

Munch Peanut Bar

Snickers Bar (all except Slice n' Share; seasonal products may vary)

NECCO

Mary Jane (Original; also includes Peanut Butter Kisses, which are taffy candies in orange or black non-labeled wrappers)

NECCO Chocolate Wafers

Sky Bar

Nestlé

Baby Ruth

Bit-O-Honey

Butterfinger Bar (only Original – NOT Crisp, Giant Bar, Hearts, Jingles, Medallions, Pumpkins, or Snakerz)

Goobers

Milk Chocolate

Nips (Original and Sugar-free)

Oh Henry!

Raisinets (all varieties, including Cranberry and Dark Chocolate)

Sno-Caps

Tootsie Roll Industries

(As of May 2016, all of Tootsie Roll Industries' confections are gluten-free. The following is a list of popular candies made by the company.)

Andes

Charleston Chew

Junior Mints

Sugar Babies

Sugar Daddy

Tootsie Pops

Tootsie Rolls

Miscellaneous

Go Max Go

Justin's Peanut Butter Cups

Lovely Candy Company

Ocho Candy

Sjaak's Organic Chocolates

Sun Cups

Unreal Candy

Fruity, Sour & More

Ferrara Candy Company

Atomic Fireballs

Black Forest Fruit Snacks

(most are gluten-free)

Black Forest

Organic Gummies

(most are gluten-free)

Black Forest Organic

Sour Heads

(most are gluten-free)

Brach's Candy Corn

Brach's Peppermint

Starbrite Mints

Jawbusters

Jujubes

JuJyfruits

Lemonhead

Lemonhead Chewy

Now & Later

Rain-Blo Gumballs

Red Hots

Sathers Cherry Sours

Sathers Gummies

Trolli Gummies

Jelly Belly Candy Company

Candy Corn

Jelly Beans (all varieties, including licorice)

Just Born Confections

Hot Tamales

Mike and Ike

Peeps (not all are gluten-free, check labels; Halloween varieties that are safe include

Ghosts, Monsters, Pumpkins, Tombstones, Candy Corn Chicks, Caramel Apple Chicks, Pumpkin Spice Chicks, and Milk Chocolate Dipped Orange Chicks)

NECCO

Banana Split Chews

Candy House

Candy Buttons

Mint Julep Chews

NECCO Wafers

Smarties Candy Company

Rockets

(only available in Canada)

Smarties (all varieties, but note that some products with the Smarties brand are not manufactured by Smarties Candy Company; look for UPC number beginning with "011206" to be certain your product is safe)

Tootsie Roll Industries

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Candy Blox

Caramel Apple Pops

Charms Lollipops

Charms Sour Balls

Charms Squares

Cry Baby
DOTS
Dubble Bubble
Frooties
Fruit Chew Pops
Fruit Chews
Nik-L-Nip
Razzles

Wonka (Nestlé)

Laffy Taffy
Lik-M-Aid Fun Dip
Nerds
Pixy Stix
Runts
Spree (Original and Chewy)
SweetTarts (Original variety; check labels on other varieties)

Wrigley

Skittles
Starburst Fruit Chews
Starburst GummiBursts (Original and Sour)

Miscellaneous

Hillside Candy
Pop Rocks
Surf Sweets
Torie & Howard
TruJoy Sweets
Warheads (all safe except Sour Coolers and Sour Twists, check labels on Sour Candy Canes and Sour Jelly Beans)
YumEarth Organics
Zollipops

Disclaimer: Please note, these products are considered to be gluten-free as of June 1, 2016. However, you are urged to check product labels and/or contact manufacturers to ensure a product is safe prior to consumption. Peanuts, tree nuts, milk, soy, and other allergens are not accounted for in this list. Some items which companies have claimed are gluten-free may have been processed in facilities that also process items which contain wheat. Simply Gluten Free Magazine does not represent to be accurate which foods are safe or unsafe for an individual's diet and is not to be held liable for incorrect or missing data.